

January 3rd to 16th

Happy Birthday to: Eric V 9th John L 12th and Betty D 13th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>3</p> <p><u>2:00 †Church Service – from Bowman/Bethesda United</u></p> <p><u>6:30 Movie in the Act Rm</u></p>	<p>4 <u>10:30 Coffee</u> <u>11:00 Fitness</u></p> <p><u>1:00 Trip to Flamboro Downs</u></p> <p><u>1:00 hand therapy</u></p> <p><u>3:30 Happy Hour</u></p> <p><u>6:45 BINGO</u></p>	<p>5 <u>10:30 Coffee</u> <u>11:00 Fitness</u></p> <p><u>2:00 Knit & Chat in the Activity Rm.</u></p>	<p>6 <u>10:30 Coffee</u> <u>11:00 Fitness</u></p> <p><u>1:00 hand therapy</u></p> <p><u>2:00 Art with Corrie in the Activity Rm.</u></p> <p><u>3:30 Happy Hour</u></p> <p><u>6:45 BINGO</u></p>	<p>7 <u>9:00 communion</u> <u>9:30 Therapy Dog</u></p> <p><u>10:30 Coffee</u> <u>11:00 Fitness</u></p> <p><u>2:00 John Moorehouse in the Dining Room</u></p>	<p>8 <u>10:30 Coffee</u> <u>11:00 Fitness</u></p> <p><u>12:00-3:00 Golden Age Apparel in the Fireside Rm</u></p> <p><u>1:00 Trip to Lynden Park Mall</u></p> <p><u>1:00 hand therapy</u></p> <p><u>3:30 Happy Hour</u></p> <p><u>6:45 BINGO</u></p>	<p>9</p> <p><u>1:30 Saturday Afternoon Movie-Activity Room</u></p>
<p>10</p> <p><u>6:30 Movie in the Act Rm</u></p>	<p>11 <u>10:30 Coffee</u> <u>11:00 Fitness</u></p> <p><u>11:45 TRIP to Egg & I in Stoney Creek for lunch</u></p> <p><u>1:00 hand therapy</u></p> <p><u>3:30 Happy Hour</u></p> <p><u>6:45 BINGO</u></p>	<p>12 <u>10:30 Coffee</u> <u>11:00 Fitness</u></p> <p><u>2:00 “Laughter Fun Group” with Lauren in the Activity Rm.</u></p>	<p>13 <u>10:30 Coffee</u> <u>11:00 Fitness</u></p> <p><u>1:00 hand therapy</u></p> <p><u>2:00 BINGOLA</u></p> <p><u>3:30 Happy Hour</u></p> <p><u>6:45 BINGO</u></p>	<p>14 <u>9:00 communion</u> <u>9:30 Therapy Dog</u></p> <p><u>10:30 Coffee</u> <u>11:00 Fitness</u></p> <p><u>2:00 Funband-(Golden Swing) in the Dining Room</u></p>	<p>15 <u>10:30 Coffee</u> <u>11:00 Fitness</u></p> <p><u>1:00 Trip to Shops in St. George</u></p> <p><u>1:00 hand therapy</u></p> <p><u>3:30 Happy Hour</u></p> <p><u>6:45 BINGO</u></p>	<p>16</p> <p><u>1:30 Saturday Afternoon Movie-Activity Room</u></p>