



# July 18<sup>th</sup> to July 31<sup>st</sup>

## Happy Birthday: Lorna T 22<sup>nd</sup>



| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday  |
|--|---|--|---|--|---|---|
| <b>18</b><br><br><u>6:30 Movie in the Activity Rm.</u> | <b>19</b><br><u>10:30 Coffee</u><br><u>11:00 Fitness</u><br><br><u>1:00 hand therapy</u><br><br><u>1:00 TRIP TO BRANT TWIN VALLEY ZOO</u><br>\$12.50 admission<br><br><u>3:30 Happy Hour</u><br><br><u>6:45 Bingo</u> | <b>20</b><br><u>10:30 Coffee</u><br><u>11:00 Fitness</u><br><br><u>2:00 Walking Club</u><br><br><u>3:00 Popsicles in the lobby</u> | <b>21</b><br><u>10:30 Coffee</u><br><u>11:00 Fitness</u><br><br><u>1:00 hand therapy</u><br><br><u>2:00 Bowling in the Activity Room</u><br><br><u>3:30 Happy Hour</u><br><br><u>6:45 Bingo</u>                 | <b>22</b> <u>9:00 communion</u><br><u>9:30 Therapy Dog</u><br><br><u>10:30 Coffee</u><br><u>11:00 Fitness</u><br><br><u>2:00 Casey Gordyn performs in the Dining Room</u><br><br> | <b>23</b><br><u>10:30 Coffee</u><br><u>11:00 Fitness</u><br><br><u>1:00 hand therapy</u><br><br><u>1:00 TRIP TO VAN WAGNER'S BEACH STRIP FOR ICE-CREAM</u><br><br><u>3:30 Happy Hour</u><br><br><u>6:45 Bingo</u> | <b>24</b><br><br><u>1:30 Saturday Afternoon Movie- Activity Rm.</u> |
| <b>25</b><br><br><u>6:30 Movie in the Activity Rm.</u> | <b>26</b><br><u>10:30 Coffee</u><br><u>11:00 Fitness</u><br><br><u>1:00 hand therapy</u><br><br><u>1:00 TRIP TO DUNDAS DRIVING PARK</u><br><br><u>3:30 Happy Hour</u><br><br><u>6:45 Bingo</u>                        | <b>27</b><br><u>10:30 Coffee</u><br><u>11:00 Fitness</u><br><br><u>2:00 Art with Corrie in the Activity Room</u>                   | <b>28</b><br><u>10:30 Coffee</u><br><u>11:00 Fitness</u><br><br><u>1:00 hand therapy</u><br><br><u>2:00 Resident Council Meeting in the Activity Rm.</u><br><br><u>3:30 Happy Hour</u><br><br><u>6:45 Bingo</u> | <b>29</b> <u>9:00 communion</u><br><br><u>10:30 Coffee</u><br><u>11:00 Fitness</u><br><br><u>2:00 Ken Lighheart performs in the Dining Room</u><br><br>                         | <b>30</b><br><u>10:30 Coffee</u><br><u>11:00 Fitness</u><br><br><u>1:00 hand therapy</u><br><br><u>1:00 TRIP TO CAMBRIDGE OUTLET MALL</u><br><br><u>3:30 Happy Hour</u><br><br><u>6:45 Bingo</u>                  | <b>31</b><br><br><u>1:30 Saturday Afternoon Movie- Activity Rm.</u> |

