

CARRINGTON PLACE

MENU FOR THE WEEK: May 3rd to 9th 2010

WEEK #2 Spring & Summer

	MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7	SATURDAY 8	SUNDAY 9
BREAKFAST FEATURE	Waffles	Scrambled Eggs with bacon	Pancakes with syrup and butter	Fried Eggs with Bacon	Toasted English Muffins	Toasted Bagel with cream cheese	Poached eggs with Bacon
SALAD OF THE DAY	Tossed Salad	Creamy Coleslaw	Garden Salad	Creamy Coleslaw	Tossed Salad	Garden Salad	Creamy Coleslaw
DINNER	Baked Salmon Long grain wild Rice Brussel Sprouts Baby Carrots Chocolate Pudding	Home-style Meatloaf with gravy Mashed Potatoes Carrot Coins Green Beans Fresh Watermelon and Cookies	Salisbury Steak Mushroom Gravy Mashed Potatoes Turnip Peas Ice Cream Treats	Fish & Chips Mixed Vegetables Lemon Pudding	Ginger Beef and Vegetable Stir Fry with Rice Pilaf Cherry Jell-O & Cookies	Stuffed Chicken Roasted Potatoes Peas Squash Fresh Fruit Salad & Cookies	Old Fashioned Glazed Ham Scalloped Potatoes Baby Carrots Corn Very Berry Mousse
ALTERNATE ENTRÉE	Chicken Legs	Turkey Schnitzel	Haddock	Chicken Pies	Baked Sole	Veal Cutlet	Beef Pies
Soup of the Day	French Onion	Carrot & Coriander	Beef Vegetable	Leek and Potato	Cream of Asparagus	Tomato Soup	Cream of Mushroom
SUPPER	Macaroni and cheese with Broiled Tomato Bread & butter Triple Berry Crumble Cake	Hot Montreal Smoked Meat on Rye with Dill Pickles Butter Tarts	Smoked Turkey Sandwich with sweet pickles Cooks Choice Pie	Pepperoni Pizza with Crisp Salad Greens Pineapple upside Down Cake	Italian Sausage on a roll with Potato Chips Brownies	Western Omelet with Home Fries Texas Toast and fresh tomato Apple Blossoms	Grilled Chicken Caesar Salad Cooks Choice Pie
SANDWICH OF THE DAY	Ham	Tuna Salad	Roast Pork	Roast Beef	Tomato & Cheese	Pastrami	Turkey